

20KM DE BRUXELLES 2015

31 mai 2015 - 10h

EQUIPE TOTAL

Dear colleagues,

We are delighted that you will be participating in the Brussels 20km with Team Total. Below is some important information about the event.

Please feel free to contact us if you have any questions or concerns.

Best regards,

The R&C Communications Team

Your race number bib:

Your race number bib and t-shirt will be available for pick up in the Total tent at Parc de Cinquantenaire. We will be there to distribute them on the following days and times:

- o Saturday 30th May 16:00 to 20:00
- o Sunday 31st May 07:30 onward (Start time of first wave of runners is 10:00)

If you are not able to participate, please let us know as soon as possible so that we can accommodate other runners. If you already canceled and are receiving this email in error, please disregard.

Access to Total tent:

You will each be receiving an envelope - delivered to your workplace next week - with a personalized letter containing a blue wristband for yourself as the runner and red wristband(s) for your preregistered supporter(s). These bracelets will give you access to the Total tent.

If you will not be in the office next week, we will hand you the envelope on site on Saturday or Sunday.

Amenities:

- o Lockers will be available for Team Total runners. Toilet facilities in the Autoworld Museum will also be be accessible for you and your pre-registered guests.
- o Healthy snacks, a buffet lunch and non-alcoholic beverages will be offered throughout the day.
- o Trophies will be awarded to Total employees for best finishes. The awards ceremony will take place

at approximately 12:30 on Sunday in the Total tent.

Location & Directions:

The Total tent will be placed under the arches of the Cinquantenaire Esplanade, just to the right of the entrance to the Autoworld Museum (see map below). For those of you who participated in the 20km in 2014, take note that it is in the same location.

Transportation:

It is strongly advised to take public transportation (STIB, TEC, De Lijn, SNCB) and to purchase tickets in advance to avoid long queues on the day of the race:

- o If you come <u>by car</u>, there are large parking lots in Kraainem (E40), Delta (E411) and Diamond (E40). From there you can take the metro #1 direction Gare de l'Ouest or #5 direction Erasmus and get off at Merode metro stop.
- o If you arrive <u>by train at Brussels–Schuman or Brussels Central</u>, take metro #1 direction Stockel or #5 direction Herrmann-Debroux to Merode.
- o If you arrive <u>by train at Brussels–Midi</u> take metro #2 direction Simonis–Elisabeth to the Arts-Loi station and transfer to metro #1 direction Stockel or #5 direction Herrmann-Debroux to Merode.
- o If you travel with the bus De Lijn or TEC, you can reach Merode with the lines #1 and #5 or lines #2 and #6, as explained above.

Contacts:

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Please remember that Safety is Total's primary concern. Train well and run wisely!

We look forward to seeing you there.